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Curriculum designed, developed, and written by Winning Futures

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As you proceed through this book, you will notice each session has a similar structure. You are first introduced to the topic. Next, a “Daily Road Test” challenges you to put what you learned into action. Last there is a written activity for you to complete.

This book is designed to have you complete it with a teacher, mentor, parent, or another trusted adult. Ask for help and take time to do the activities...it is worth your effort!